

# 14th Annual McKinney Care & Share Workshops



## “Sunlight of the Spirit”

Sponsored by the McKinney Care & Share group of  
Overeaters Anonymous (OA)

**Nazareth Retreat Center**  
Grand Prairie, Texas



The McKinney Annual Silent Retreat sleeping rooms are completely booked. Our Group Conscience decided we will open 15 additional spaces to OA members who want to come experience the time with us without lodging. You may sign up for Friday only, Saturday only or Friday - Sunday. Must pre-register and pay by October 5. No walk-ins allowed. First come - first served.

## “God as I Understand God Workshop”

Friday night’s “God as I Understand God Workshop”, an experiential view of our individual relationship with God, For people who would like to attend with no lodging. Registration is 5 PM and Dinner is 5:30 SHARP (cannot get dinner past this time). Must leave facility by 11 PM. Limited to 15 people and cost is \$20 including dinner.

## “Day of Silence” November 11<sup>th</sup>

Join us for a Day of Silence with no lodging. Must arrive by 7:30 AM for registration and Breakfast (7:45 SHARP) . Day including three meals \$45. Must leave facility by 10 PM.

**Friday night, Saturday, and Sunday with no lodging.**  
Cost is \$70 including Friday dinner, three meals on Saturday and Sunday breakfast.

Send in registration form (below) and payment to reserve your space. For info and/or cancellation, contact Tonna at 469-222-8818.

**Registration must be paid in full by October 5, 2017.  
Registration is non-refundable, but transferable to another OA member**

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**Payment Method: (please circle one)**

Check (Payable to "McKinney OA") / Money  
Order

\_\_\_\_\_  
First & Last Name (Please print)

Check # \_\_\_\_\_

\_\_\_\_\_  
Street Address & Apt. # (if app.)

**Total Enclosed: \$**\_\_\_\_\_

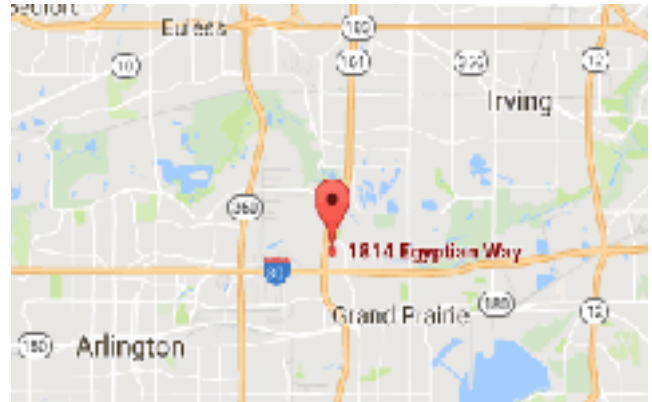
\_\_\_\_\_  
City / State / Zip  
Phone Number

\_\_\_\_\_  
Email Address (for confirmation & updates)

Mail Registration Form & Check or Money Order to:  
McKinney OA  
Attn: Tonna B.  
2334 Brookview Drive  
McKinney, TX 75070

## Directions & Map

Exit President George Bush Turnpike (161). Go east on Egyptian Way and facility is located on the left. Once on the grounds, continue to drive around the buildings to the rear where the Retreat Center is located. It is located across from the lake.



All rooms are on the second floor. There is an elevator.

Nazareth Retreat Center  
 1814 Egyptian Way  
 Grand Prairie, TX 75050  
<https://nazarethretreats.org>

## Schedule

Friday		Saturday		Sunday	
5:00 pm	Registration (pick up packets with room key inside)	7:15 am	Guided meditation (opt.)		Guided meditation (opt.)
**5:30*** pm	Dinner	7:45 am	Breakfast	7:45 am	Breakfast
7:30 pm	Grand Opening	9:00 am	Preparation for silence	9:15 am	Silence Ends –Open Sharing (limited 3 min. per person)
10:00 pm	Relationship/Sexuality Meeting	9:15 am	Silence Begins	10:30 am	Sharing (continued)
10:30 pm	Hall Doors are locked	12:00 pm	Lunch	12:00 pm	Wrap Up & Clean Up (Volunteers)
		5:00 pm	Dinner		
		10:30 pm	Hall Doors are locked		