

Overeaters Anonymous - Farmers Branch Group Presents...



# Hiking to the High Life

*How to keep on trudging*

Join us **Saturday, September 15, 2015** at **10:00 am - 4 pm**

*Our Speaker from Killeen, TX. has 12 years of abstinence. Learn how to meditate, relax and journal and how to achieve long term abstinence one day at a time.*

**Where: Faith United Presbyterian Church,  
12717 Marsh Lane/ Farmers Branch, TX. 75234**

Bring your lunch, notebook and pen.  
Microwave and fridge available.

Contact: Laura S. 214-641-2520; [lrstuart@earthlink.net](mailto:lrstuart@earthlink.net)

Suggested Donation—\$5

