

OVEREATERS ANONYMOUS  
REGION III ASSEMBLY  
Colorado Springs, CO  
October 13, 2018 By Lee and Maureen

Opening-8:30 am -Brenda Q. Serenity Prayer

Welcome- Judy C., Convention Chair

Twelve Steps- Lea Ann B., from Greater OK City IG

Twelve Traditions- Karen Sue from Tulsa Green Country

Twelve Concepts- Lee R. from Dallas Metro

For Today- BJ from Northern Colorado

Voices of Recovery- Andrea M., Pikes Peak Serenity

Morning Meditation- Neva S. Trustee

The chair introduced the Steering Committee:

- Chair: Brenda Queen
- Vice Chair: Kathy Morris
- Recording Secretary: Barbara Glasier
- Communications Secretary: Christina Saxton - absent
- Treasurer: Elaine Lang
- Trustee: Neva Schuelke
- Parliamentarian: Karen Beck

The Chair appointed the following-

Informal minutes-Amanda H from San Antonio Area Intergroup

Timekeeper- Marcia F, from Galveston Bay Area IG

Teller Committee- Chairman: Joanne M, assisted by Lori G.

Credentials-Elaine L., called the roll. 24 Regional Representatives and 4 voting Steering Committee members for a total of 28 Members.

Credentials Report accepted as presented.

The Spring 2018 Minutes were amended and accepted as amended.

Standing Rules and Agenda were accepted as presented.

Karen B., Parliamentarian, did a pointer on elections and explained applications received preclude nominations from the floor and how to mark ballot.

Regional Representatives and Steering Committee introduced themselves and gratitude.

**Steering Committee Reports: (Each gave report and answered questions)**

**Chair** – Question on how to access revised Region convention manual. Will be available on the web after revisions completed. Question on how to access Chair’s presentations. Referred to OA.org website for workshop resources, including Service, Traditions and Concepts workshops.

**Vice Chair** – No questions

**Treasurer** – Question on color coding

**Recording Secretary** – No questions

**Communications/Technology Secretary:** No report (she was absent)

**Trustee** – Question on newcomer no cost resources via web.

**Audit Report** – Chris N., Southern Arizona IG, presented audit results for Pay pal, Wells Fargo, and Chase accounts. They found three incidences of expenses without receipts. Recommend verify receipts with expenses.

**Elections:**

**Chair Election** – One candidate: Brenda Q. presented summary of qualifications, recovery and service experience. Questions to candidate: most important thing this service has done for your recovery; being and having a sponsor; how has your recovery made everyone else feel about OA, success, growth, serenity because of your example; hopes for Region accomplishments in future. Results: 28 votes; Brenda elected as Chair.

**Recording Secretary Election** – Two candidates: Vicki W., and Vonnie N.

Vicki presented summary of qualifications, recovery and service experience. Questions to candidate: what moves you to apply for this position at this time; what is major function of Region 3 and how can strong intergroup help Region; greatest challenge and asset as secretary? Answer- outreach to younger members

Vonnie presented summary of qualifications, recovery and service experience. Questions to candidate: experience with job requiring attention to detail; having and being a sponsor; challenges and assets in role; ways to work with newcomer

Recording Secretary Election Results: 28 votes cast; 15 required for election; Vicki = 11; Vonnie = 17. Vonnie elected Recording Secretary.

7<sup>th</sup> **Tradition passed.**

Meeting Adjourned at 11:15 to Committee Groups will resume at 1:30

**1:30 Meeting opened**

**Committee Reports:**

**Twelfth Step Within: BJ, Chair**

Members- Marcia T., Laura K., Lee Ann L., Barbara R., Vicki W. and Amanda H.  
(secretary-Amanda)

Accomplishments-

1. Trifold with new literature is ready to go. Stacks of 10 will be distributed to representatives. PDF will be disseminated later.
2. Updating speaker lists.
3. E-mail Blasts on the 12<sup>th</sup>
4. Consider video conferencing phone meetings.
5. Updated unaffiliated group list.

**PIPO: Lee R.**

Members- Sally H., Andrea M., Sandra L., Karen Beck, Heidi B. (Sally is Secretary and Sandra will be next Co-Chair)

Accomplishments- Attended Your Weight Matters in Las Vegas. Sent out mailing to Intergroups giving them information and requesting feed-back. No response from any of them

This year's goal –

1. attend 2 health fairs
2. Send out PIPO Survey to intergroups and PIPO chair if available. Make it a 5 minute one.  
Give intergroups a copy of results.

**Bylaws: Chris N. Co-Chair**

Accomplishments: met 3 times via conference call,

1. finalizing sections 4 and 5 of the Policy Manual
2. writing up 9 amendments to be proposed in the spring.

**Ways and Means/Finance: Sue H. Co-Chair**

Accomplishments-

1. Committee moved to digital reports over paper
2. Continue to identify possible social media advertising. Hoping to complete by Fall 2019. Goal was elaborated to include WSO initiatives to prevent wasted time.
3. Collaborated with PIPO and Region 3 committees on financial support. Completed.
4. Research past convention proceeds. Completed.

5. Want to change convention proceeds percentages from 60 (region 3)/40 (intergroup) to 50/50. This is moving to bylaws committee for Spring.
6. New Goal: Determine website problems and find new resources. More coming for the Spring.

2018-2019 budget proposed and passed as presented.

Lifeline drawing winners -Marsha T, Sally H.

New 12 and 12 Workbook drawing Winner: BJ

### **Friday Forum Workshop:**

Trustee R 7 and PM, Karen Beck reviewed new report on Restructuring OA Board of Trustees

**Purpose-** Research and develop a plan to best serve OA yet streamline the board to 12- to allow them to function better as a group and it would be more cost effective

Currently, there are 17 members

**Plan-**All trustees will be at large but assigned specific areas where they will be a liaison to that region. Regions may still put up members to serve as trustees, with 2 coming from outside of North America

Schedule- not to start until 2021 as members rotate off not as many would be elected.

Kathy recapped issues.

- Assembly documents will not be password protected
- Moving committee reports to digital over copy. General consensus was YES! Do that.
- Intergroup Reports:
  - Successes in Houston, intergroups working together
  - How to increase “contributions” over donations.
  - Setting up ARCs, but do not support intergroups.
  - If everyone donated \$35/year we would be in great shape.
  - Remind people where the money goes.
  - Alternate forms of payment (digital payment options?)
  - Encourage with sponsees
  - How to “measure” whether a group is self-supporting or not.
  - Clarifying usage of non-approved literature. DON'T DO IT.

Unfinished Business-None

New Business - 7<sup>th</sup> Tradition Report: \$982 collected; Lifeline = \$56; 12 & 12 Workbook Raffle = \$79 for a total of \$1,117.

#### Announcements

##### Upcoming Region 3 Assemblies/Conventions

- Spring 2019, San Antonio, TX, hosts—San Antonio Area IG
- Fall 2019, Las Vegas, NV, hosts—Las Vegas OA IG
- Spring 2020, Tulsa, OK
- Fall 2020, Phoenix, AZ, hosts—AZ Serenity in the Desert IG
- Spring 20201 - open
- Fall 2021, Tucson, AZ

Colorado Central Intergroup: New Years Day \$20 per person if they sign up at this convention.

Sandra – Las Vegas: End of Day I can give dates for Las Vegas assembly. Also having a retreat Nov. 2, 3, 4<sup>th</sup> in Mesquite, NV.

Thank you to Region Reps, Green Dot representatives, Tellers Committee, SC and Parliamentarian, Karen. And special thanks to departing Recording Secretary, Barbara G.

Meeting Adjourned at 2:00 pm