



North Louisiana Intergroup of Overeater's Anonymous

Presents:

A Workshop--Staying Abstinent Through The Upcoming Holidays



Friday, October 4, 2019, 7 pm: A speaker from Texarkana, TX, with sharing afterward.

Saturday, October 5, 2019, 9 am to 4 pm
Speaker presents, also many helpful activities, speaker panel, skit, etc...

At: Broadmoor Presbyterian Church
Park in back of church. Enter "Adult Activities Building" on left. 2nd room on left.
1915 Grover Place
Shreveport, LA 71105

Breaking for lunch outside or carry in.

Activities including panel discussion, skit, a writing exercise, 3 sessions with speaker.

Coffee, Hot Tea, and Water provided

No registration fee, donations gladly accepted and greatly appreciated!

For more info, contact:

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