

WORKING ALL TWELVE STEPS!

Are you ready? Do you want support?

Sponsored By-Virtual Region Twelve Step Within Committee

Overeaters Anonymous. Twelve Step Workshop and Study Guide

September 22, 2020 - January 12, 2021

Tuesdays, ~~3:00 to 4:30 p.m. EDT~~ 2 to 3:30 pm CDT

September 22nd is the Introductory Session



The following OA-approved literature will be used in the workshop sessions and homework assignments: (purchasing the Study Guide is not necessary unless you are a co leader)

- The Twelve Steps & Twelve Traditions of Overeaters Anonymous 1st or 2nd edition
- Alcoholics Anonymous, Fourth Edition (the Big Book)
- Twelve Steps and Twelve Traditions by Alcoholics Anonymous
- Overeaters Anonymous, Third Edition
- Voices of Recovery
- For Today

Participants need their own copies of the literature above (digital copies are fine)

Are you ready? Please send the following information to secretary@oavirtualregion.org

Name and Last name, email address, phone for texting, do you use WhatsApp, state or country you are from, time zone you live in, are you willing to co-lead, can you be a dashboard operator?

For any question please contact the email above. New to zoom we can meet ahead of time.

This is a closed workshop. First come first serve groups are limited.

No new members may join after the Introductory Session. Participants commit to attend and fully participate in all sessions. If we need to create more than one group that is a possibility.